

MEET JORGE

Hello, my name is Jorge. I graduated from Concordia University in Irvine, CA in 2008 with a degree in Exercise Sports Science, and recently earned a Master's Degree in Coaching and Athletic Administration from Concordia's prestigious MCAA program.

I am currently on my fourth year as an Assistant Coach at Concordia for the Track & Field and Cross Country teams. I am also the Elite Team Coach/Recruiter for Cal Coast Track Club in Newport Beach.

The opportunities I have had to teach, coach and guide student-athletes to excel both on and off the field has been a passion of mine and has influenced my life tremendously, which drives me to continue to learn and serve others to the best of my ability.

I am currently training to make the 2020 Summer Olympic team (Tokyo, Japan).



PERSONAL RECORDS:

- 400m - 49.3
- 800m - 1:51.1
- 1500m - 3:46
- Mile - 3:53 (Road Mile)
- Mile - 4:04 (Track)
- 3000m - 8:18
- 5000m - 14:04
- 8k - 24:10
- 10k - 30:40
- 10 miles - 53:00
- Half Marathon - 1:10

PROFESSIONAL ACHIEVEMENTS:

- 2x All American (Track/Cross Country)
- 2x Golden State Athletic Conference Champion (1500m/5000m)
- 2x NAIA Cross Country National Champions (Team Combined)
- 2x NAIA Cross Country National Championships Runner-Up

OCCUPATION	Running & Track Coach
FOCUS	2020 Olympic Team (Tokyo)
GO-TO INSOLE	Pinnacle
WORN SINCE	2012

