

JOSH SAYS

In 2015 I tore four major ligaments in my left foot and ended up having two major surgeries. The repair involved placing (4) titanium screws in my midfoot to hold it together. The surgery created a very well-defined arch that must be protected at all times. After trying other brands of orthotic inserts, my favorite brand ended up being Powerstep. The fit, arch support, cushioning, durability, and wash-ability are the perfect combo for me!

Due to the nature of my injury, I was told numerous times that “you will never be much of a runner ever again.” With the help of Powerstep products, I proved the naysayers wrong! I use your products in all of my race shoes and it helps me to stay safe despite recently having 4 titanium screws in my foot.

I use Powerstep Pinnacle and Pulse Orthotics in all of my athletic footwear. The extra support allowed me to do several road and trail races including 10Ks and half-marathons. I did over 30 races in 2018 including 18 Spartan Races!

Prior to 2018, my longest running distance was 7 miles (in 2001). With the protective help of Powerstep beneath my feet, I surpassed that distance in 5 official races in 2018 and hope to gradually build towards marathon distances in 2019! I’ve still got work to do on my pace per mile, but each step is considered an absolute blessing to me!

Thank you Powerstep for the support and for making great products!!



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